

#TakeCareRU

# Recognize and Refer

A guide for faculty and staff  
referring students to health and  
safety support services

**Ryerson  
University**

**Centre for Student  
Development & Counselling**  
Student Health & Wellness

## Helping a Student in Need

Situation	Referral
Obvious medical emergency (e.g. heart attack, bleeding)	Security and Emergency Services ext. 5040 and Police/ ambulance emergency 911
Illness, injury, delusional/paranoid thinking, suicidal thoughts	Medical Centre ext. 5070
Aggression/safety issues	Security and Emergency Services ext. 5040
Emotional distress, suicidal thoughts	Counselling Centre ext. 5195
Harassment and/or discrimination on the basis of race, sex, religion, disability, sexual orientation, etc.	Human Rights Services ext. 5349
A student believes that they have been treated unfairly, and/or has a problem resolving disputes	Ombudsperson ext. 557450
Emergency housing for students at risk of physical/sexual harm, or facing destitution	Safehouse ext. 5195
Traumatic events on campus	Ryerson Crisis Team ext. 5195
Students in need of free legal services	RSU Lawyer ext. 2325
Students needing assistance with University appeals and advice on their rights	RSU (full-time) ext. 2325 CESAR (part-time and CE) ext. 5193
Students in need of emergency funding	Student Financial Assistance (416)-979-5113
Disruptive student behaviour: Student Code of Non-Academic Conduct concerns	Student Conduct Officer ext. 2741
Sexual violence, harassment, assault (current or historical)	Office of Sexual Violence Support and Education, ext. 3596

### After Hours Referral

Security and Emergency Services (ext. 5040) deals with after-hours emergencies including illness, injury, Safehouse and suicidal thoughts.

Learn more about referrals and health & safety support services for students, faculty, and staff at Ryerson University by participating in Mental Health 101 training. This program is offered through the Mental Health Coordinator, with content developed by the Ryerson Mental Health Committee.

Contact [natalie.roach@ryerson.ca](mailto:natalie.roach@ryerson.ca) to learn more.

**Learn more about the Centre for Student  
Development and Counselling**

Location: Jorgenson Hall, JOR 07C

Hours: Monday - Friday, 9 a.m. - 4:45 p.m.

Telephone: 416-979-5195

Email: [csdc@ryerson.ca](mailto:csdc@ryerson.ca)

Website: [www.ryerson.ca/counselling](http://www.ryerson.ca/counselling)

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All of our services are free, confidential and  
delivered by highly qualified staff.